

Mastering the Basics of Pruning



N
EXTENSION

Why Prune?

SHADE TREES

- Health & vigor
- Good branch structure
- Remove hazards
- Pest control
- Beauty

FRUIT TREES

- Increase sunlight penetration
- Uniform distribution of fruiting wood
- Control tree size and vigor
- Produce high quality fruit of good size
- Disease & insect problems
- Make harvesting easier

When to Prune?

SHADE TREES

November thru March

Ideally, just before growth
begins in spring

Fastest wound closure

No pruning – May to October
for oaks

FRUIT TREES

As late in dormant season as possible -
February to April

Most cold hardy are pruned first
- Apple, Pear, Tart cherry, Plum

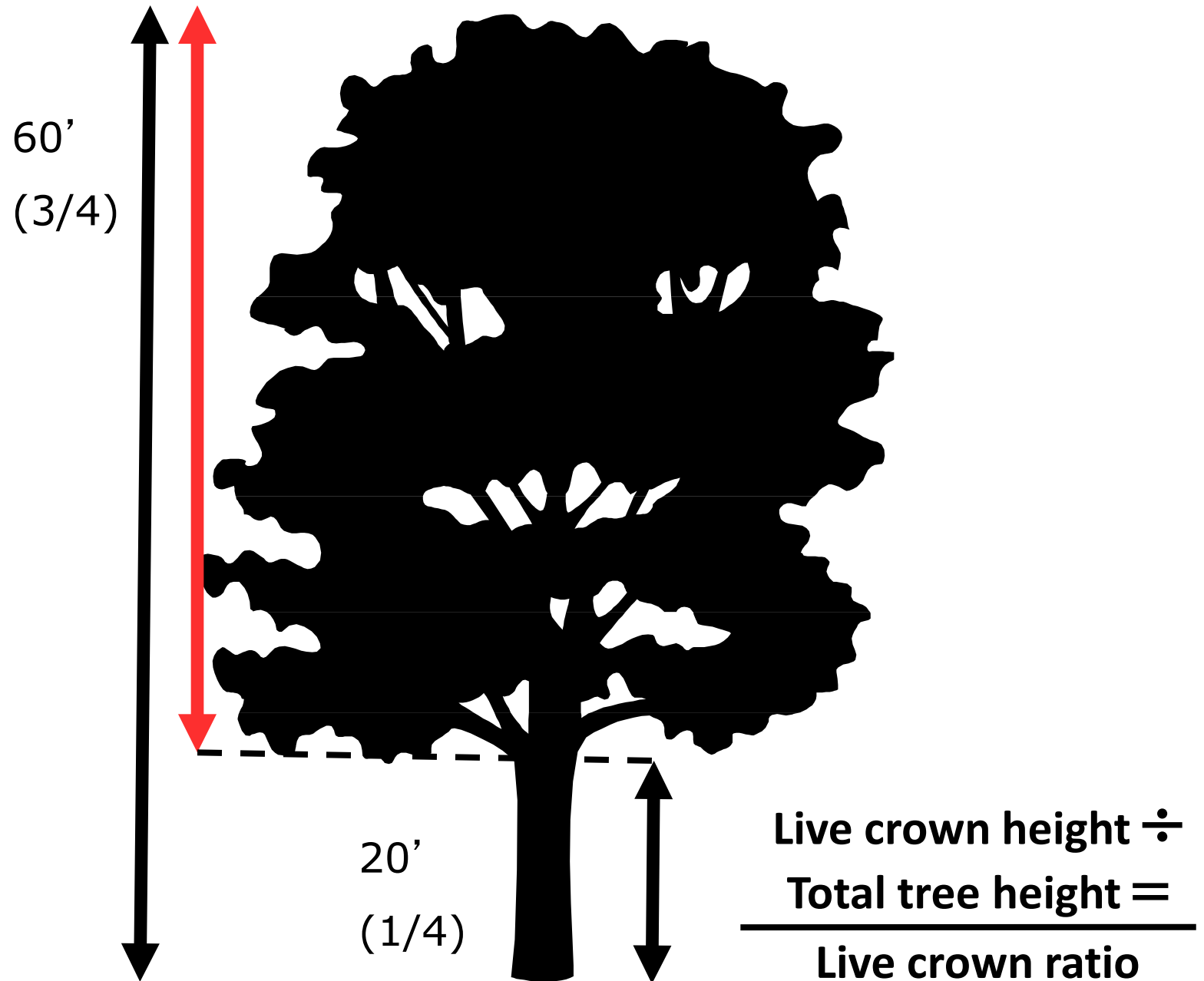
More tender are pruned last –
Peach, Apricot, Sweet cherry

Beware of fireblight!

Pruning Shade Trees

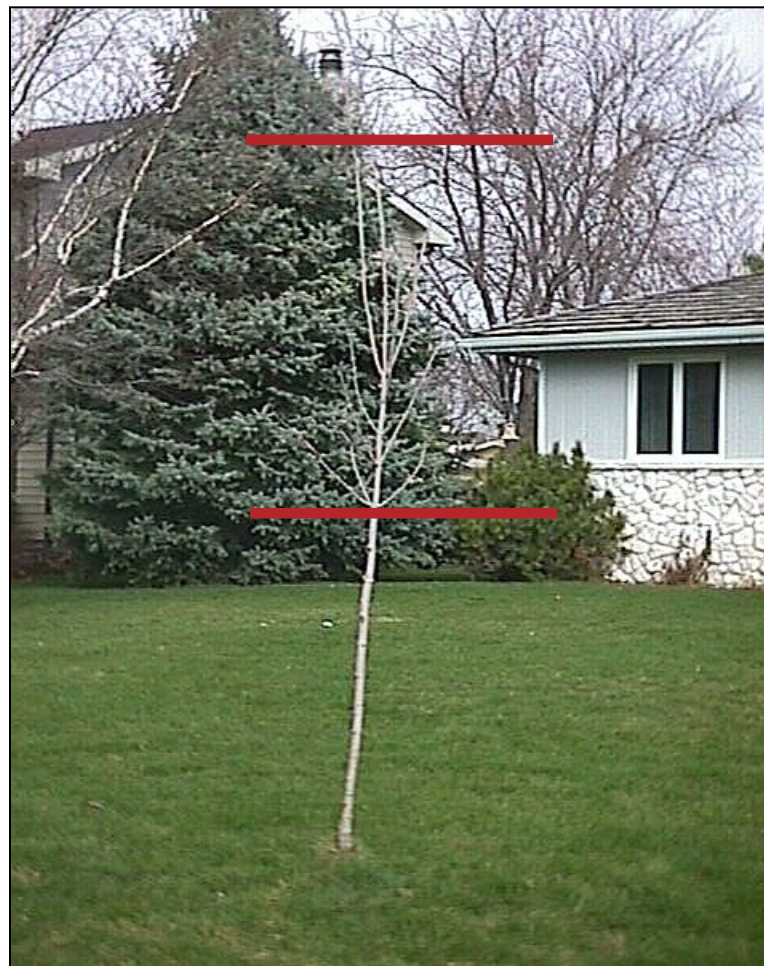
Live Crown Ratio (LCR)

- Indicator of potential health and ability to effectively react to resource changes
- As LCR declines, photosynthetic area declines and a higher percentage of respiring tissue remains
- Ideally, trees should have a minimum 66% LCR, with 33% clear stem height





Poor Live Crown Ratio

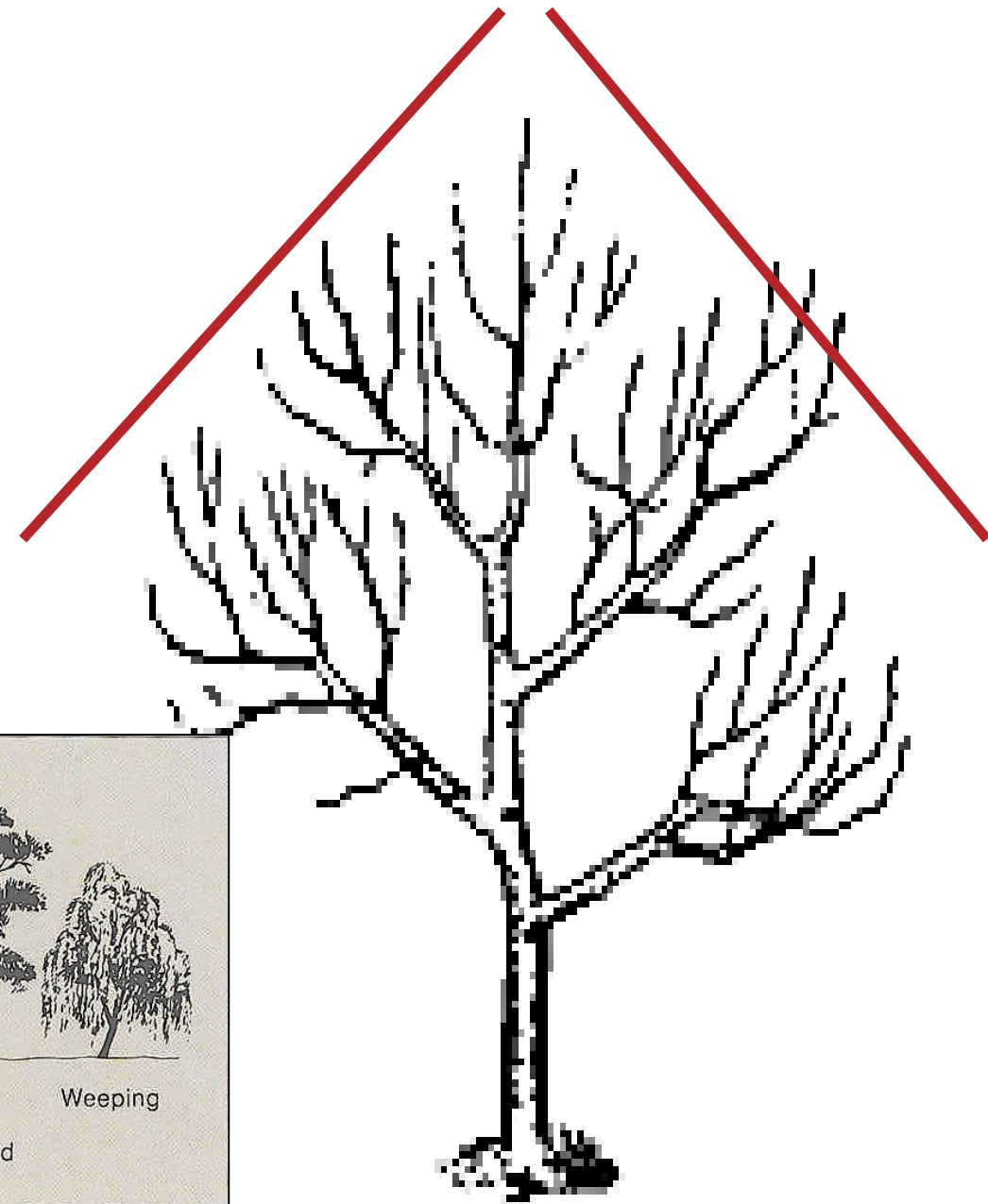
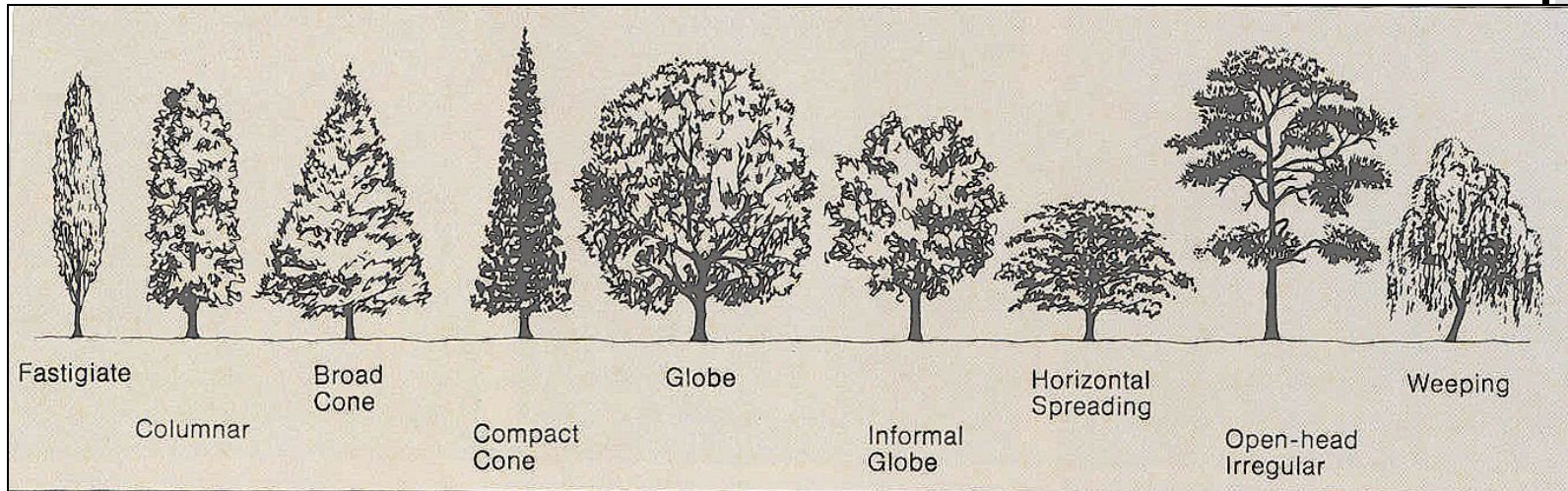


Crown Base

- Base branches have great value in development of stem taper and root health
- Sense bend and torque stress
- Add new tissues to resist stresses

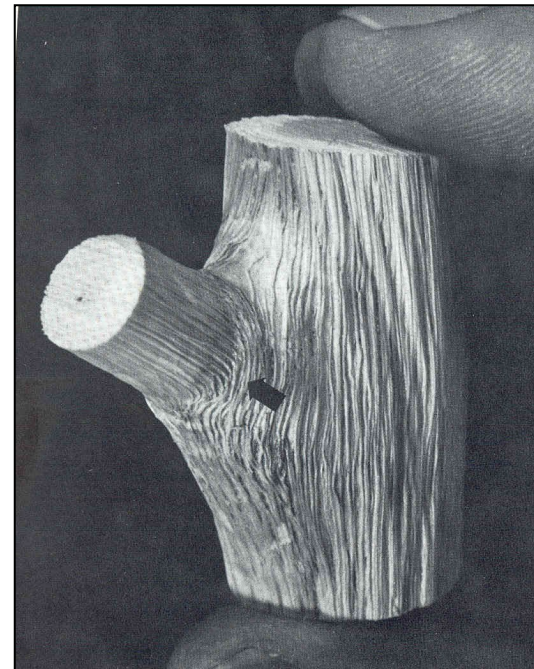
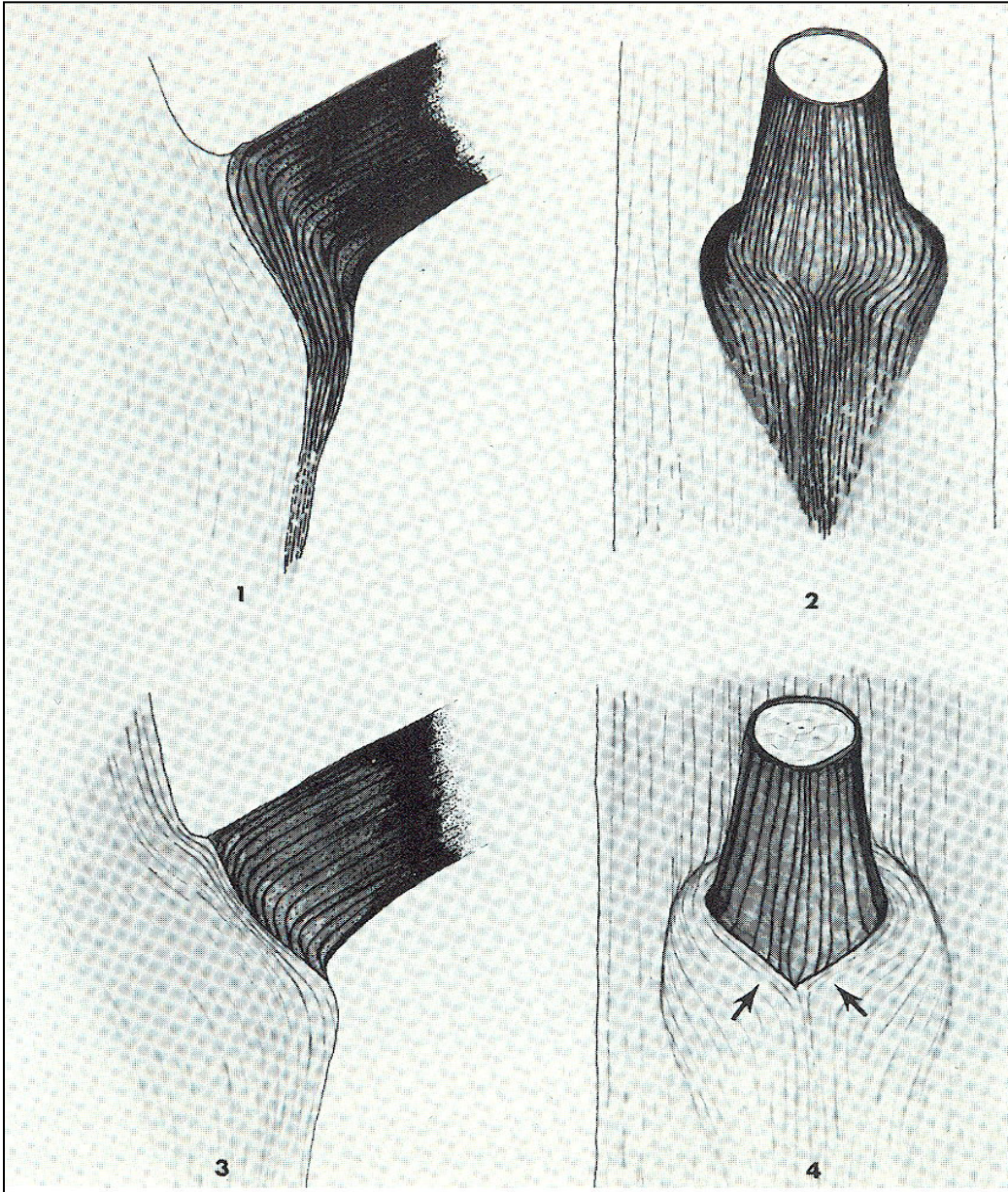
Leader Dominance & Branch Length

- Central leader shoot – 2-3x length of any side branch
- Branch girth
- Branch angles

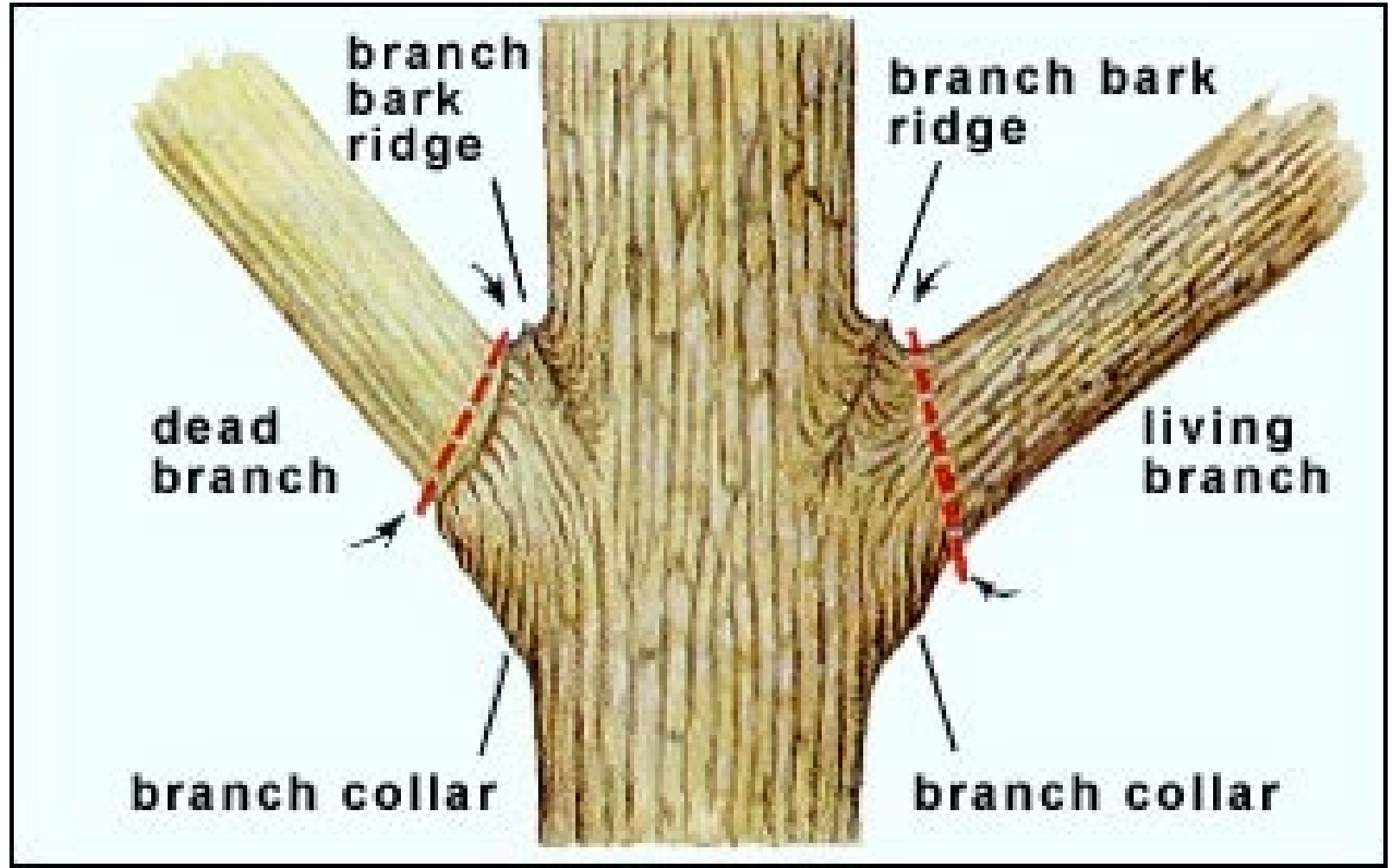
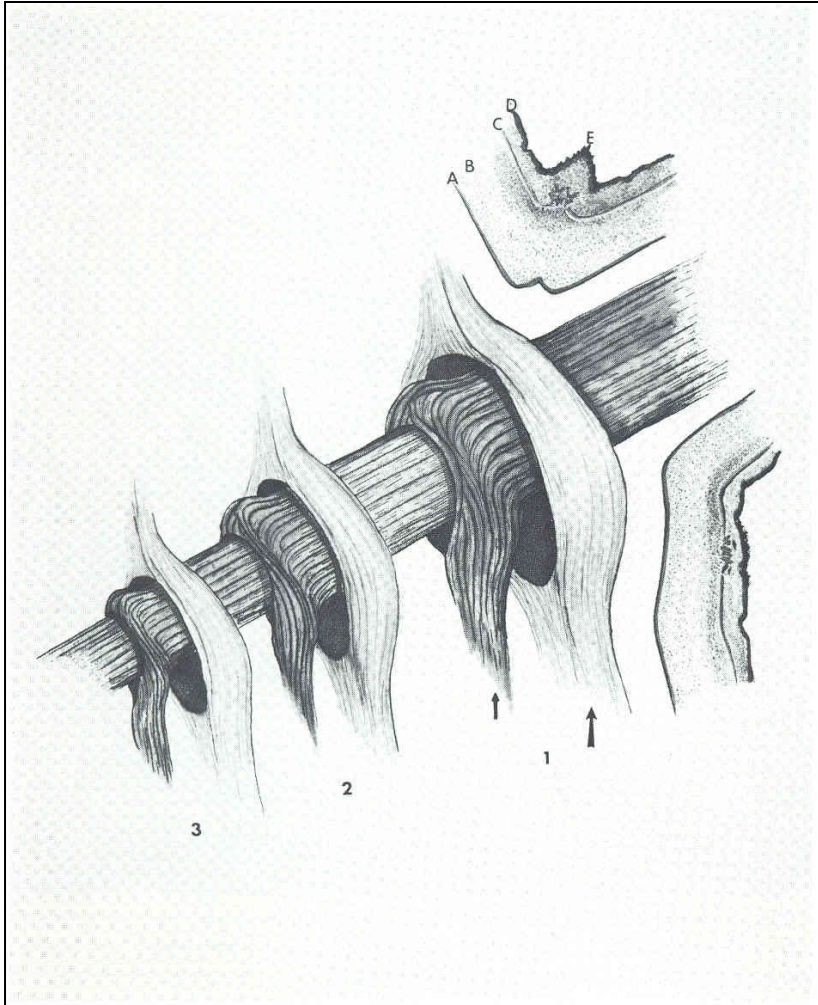


Branch & Trunk Growth

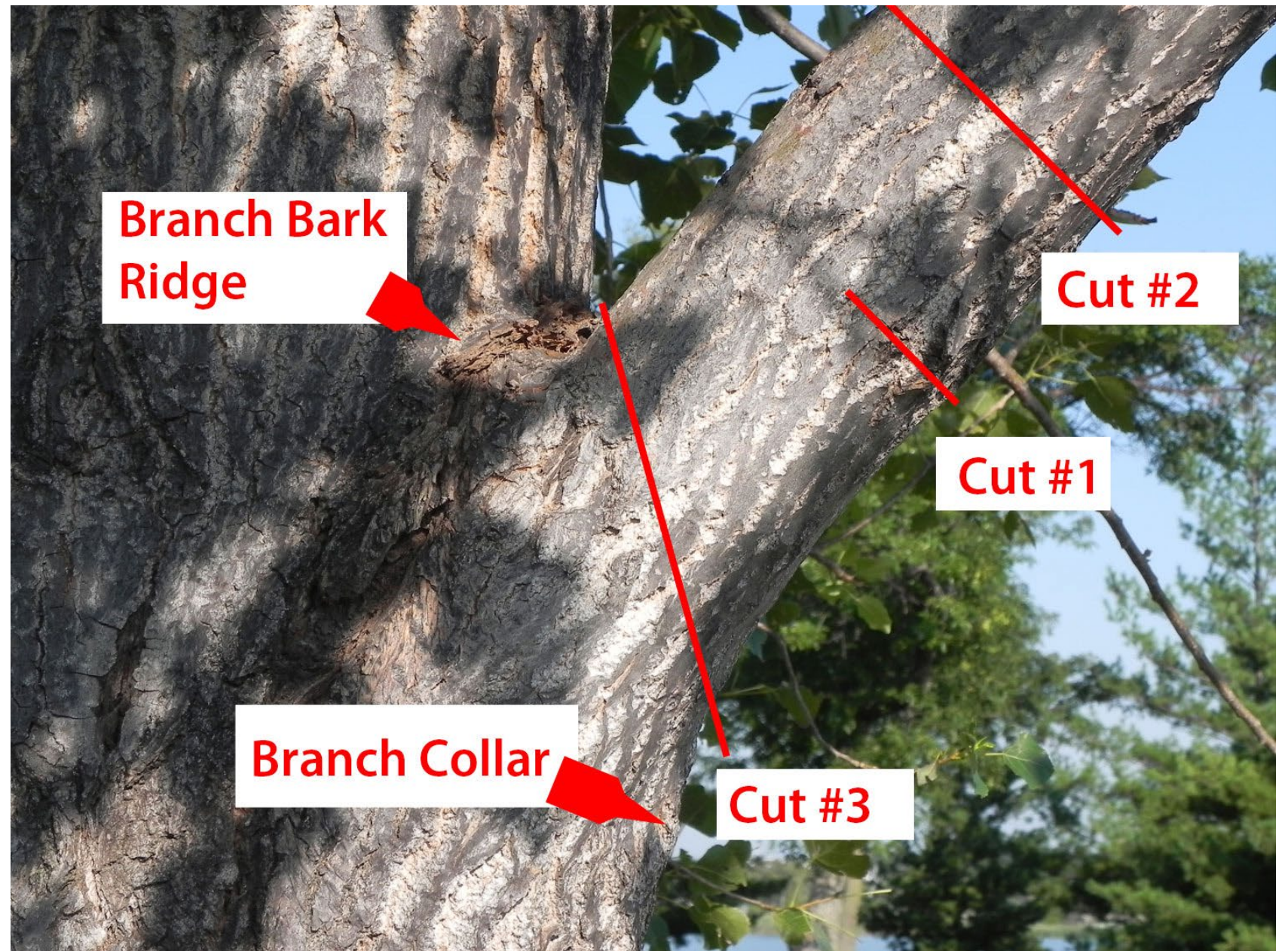
Tissues are layered and interwoven due to the timing of growth for each part of the tree during the year



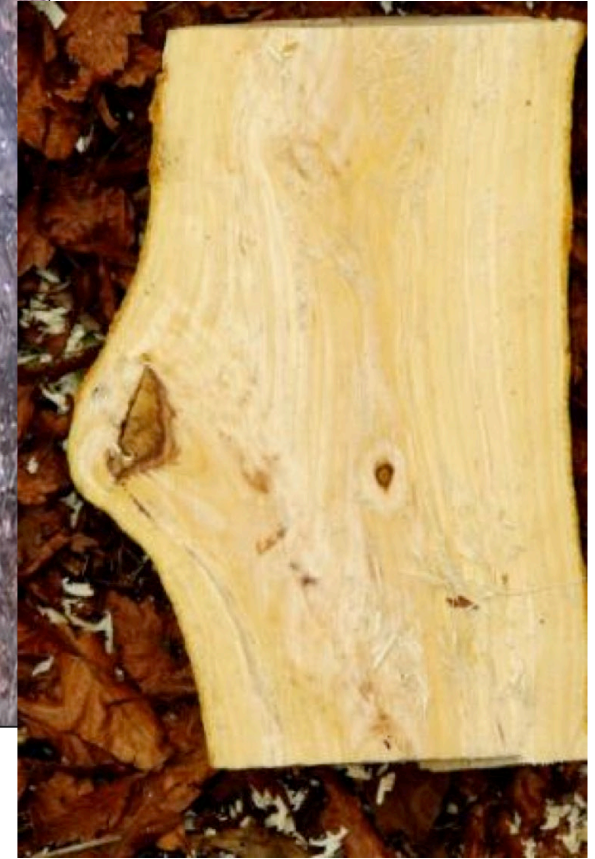
Branch Bark Ridge & Collar



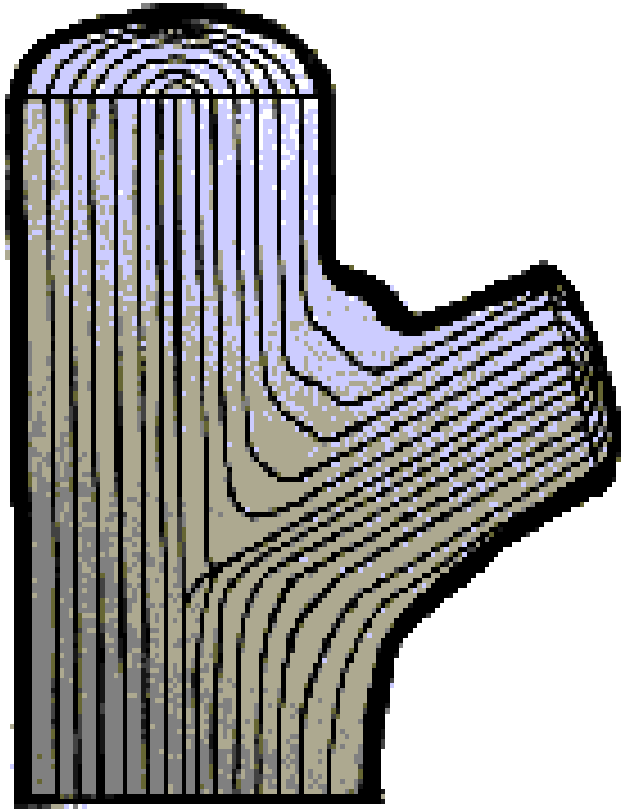
Branch Bark Ridge & Collar



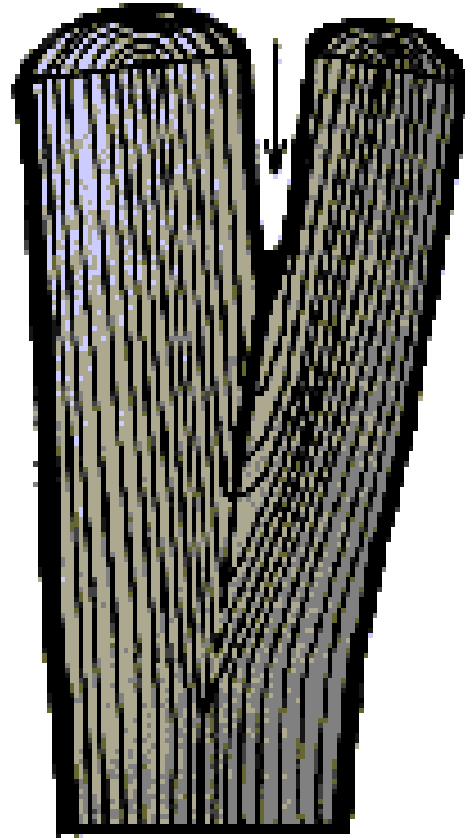
Good Pruning Cut – “Healing”



Branch Angle & Encluded Bark



d



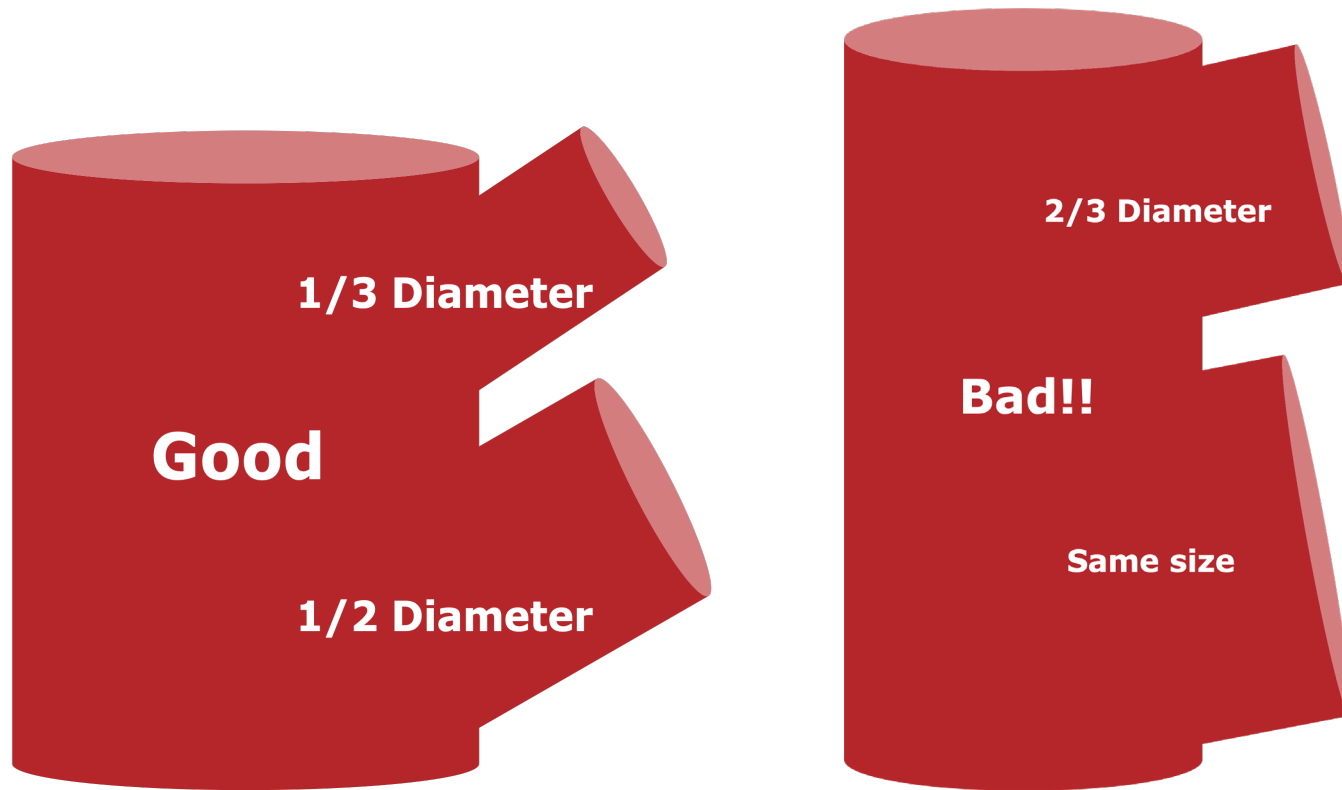
b



Branch Angle & Included Bark



Making Cuts – Secondary Branch Size



Preventing Wood Decay

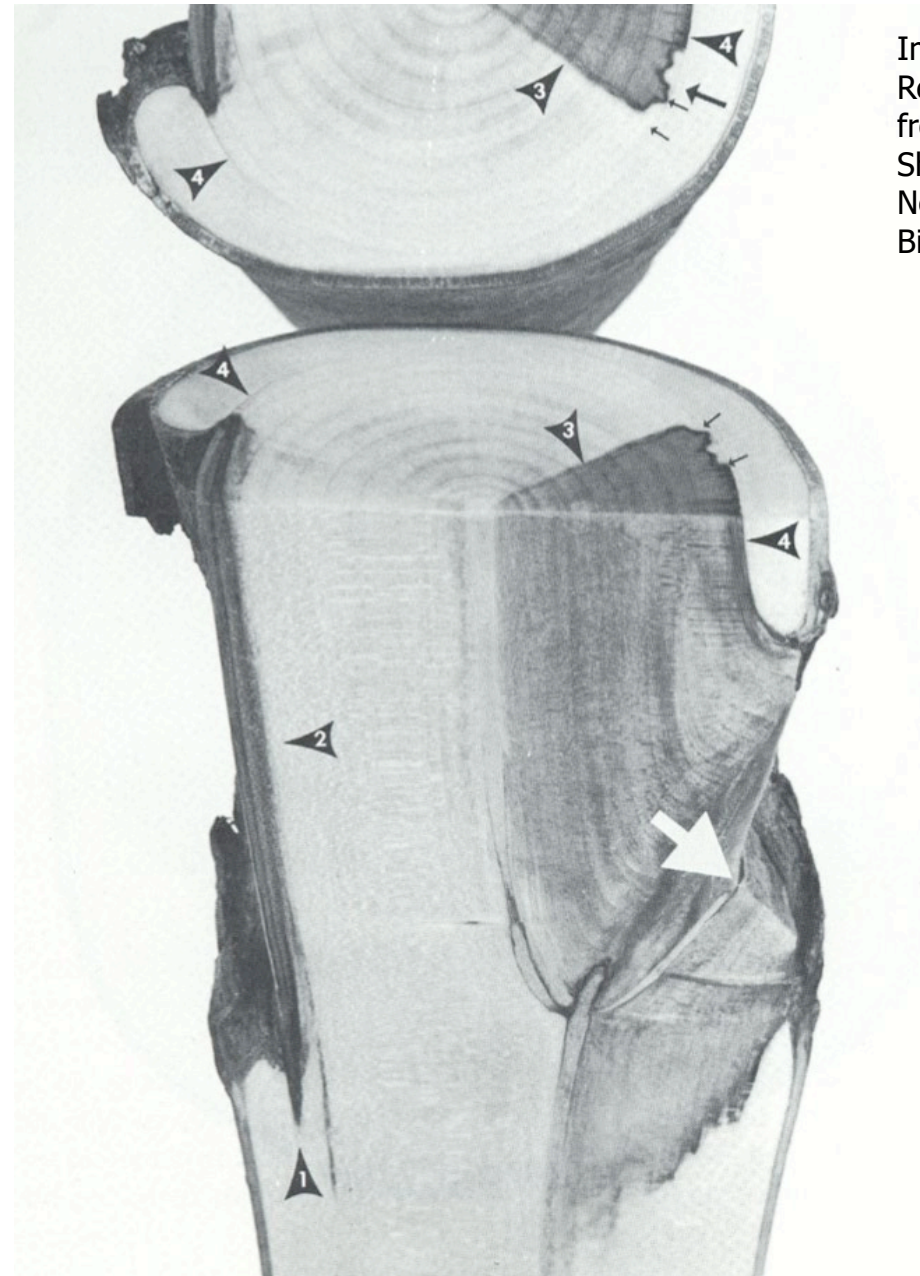
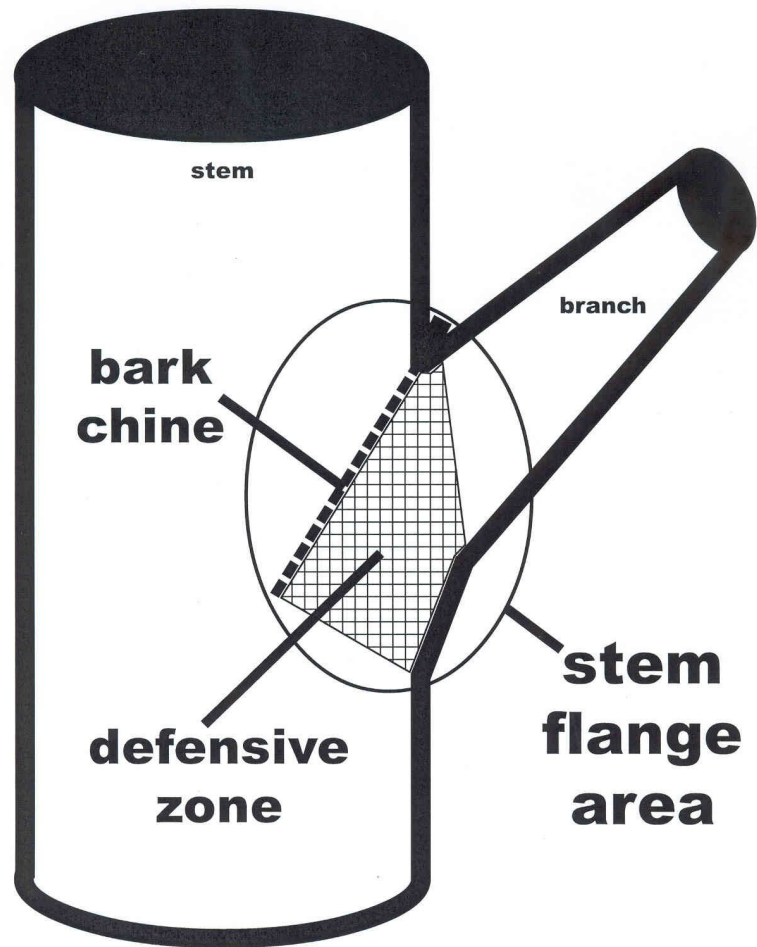
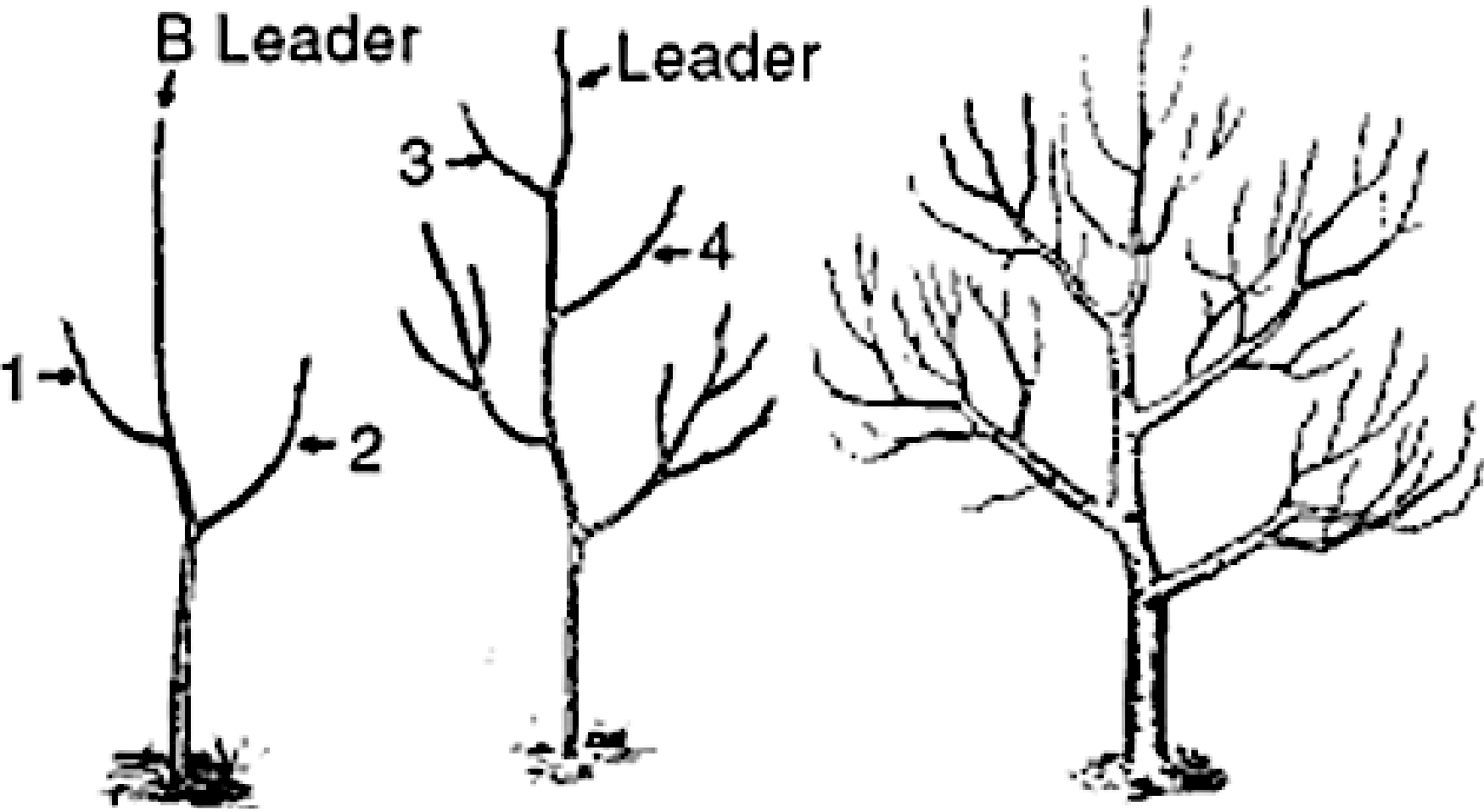
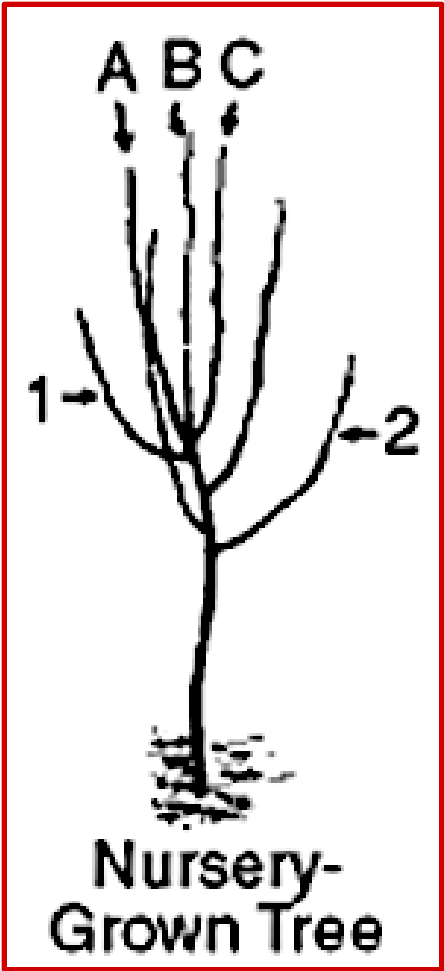
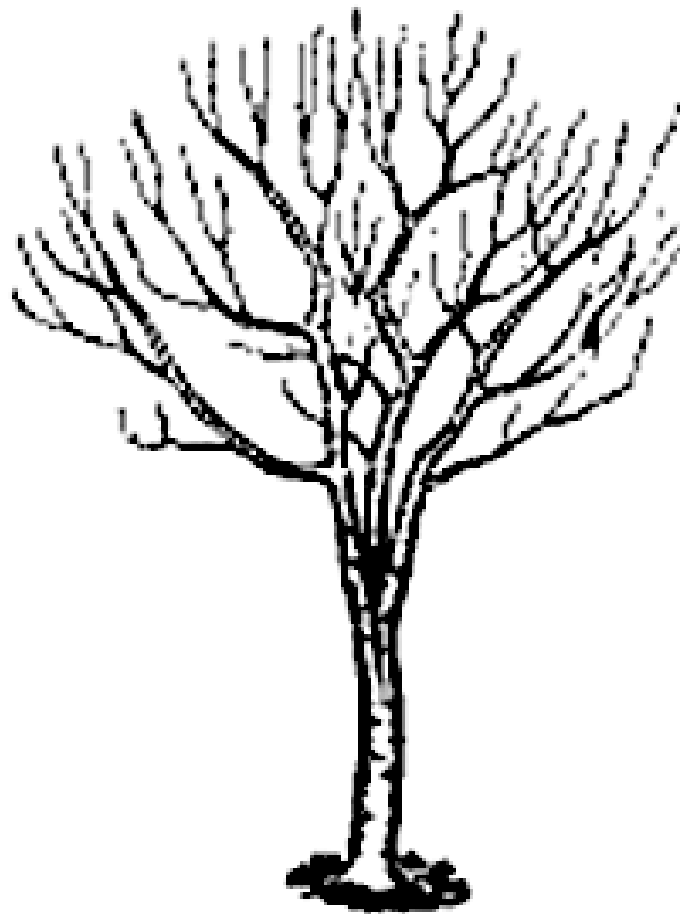
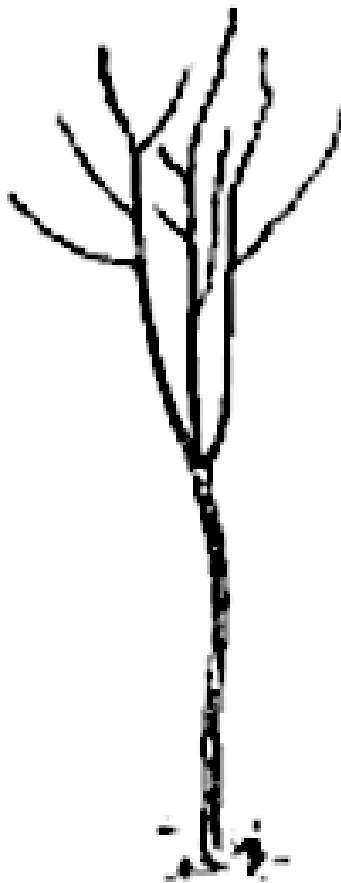
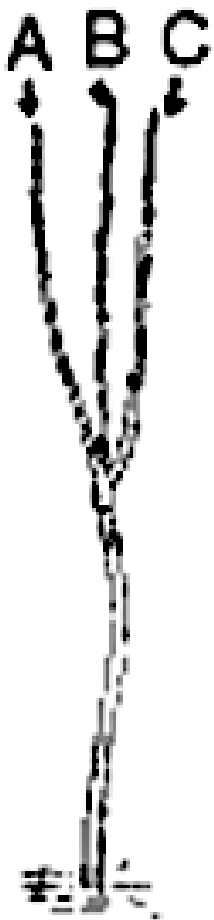
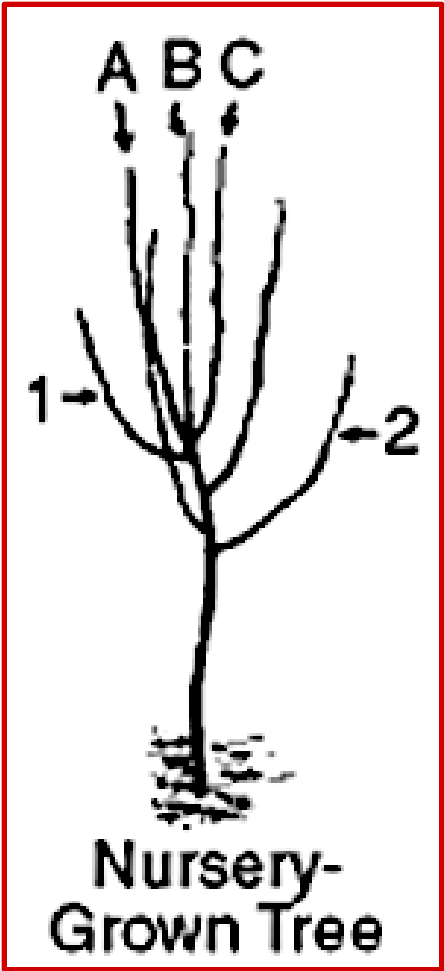


Image of
Red Maple
from Alex
Shigo, 'A
New Tree
Biology'

Branch Selection: Pruning Young Trees



Branch Selection: Pruning Young Trees



Poor Branch Angles



No Topping!



Pruning Fruit Trees



Variety Vigor Comparisons

Very Low Vigor

Red Delicious
(All varieties)
Starkspur® Winesap



Low Vigor

Honeycrisp™
Snowsweet®
Starkspur® Arkansas Black
Starkspur® Red Rome Beauty



Moderate Vigor

Blondee™
Candycrisp®
Dandee Red®
Empire (All varieties)
Fireside
Golden Supreme®
GoldRush
Liberty
Macoun
McIntosh (All varieties)
Pristine®
Ruby Jon®
Stark® BraeStar™
Stark® Jon-A-Red® Jonathan
Stark® UltraRed™ Jonathan
Zestar!®



Moderately High Vigor

Gala (All varieties)
Gibson Golden
Honeygold
Idared
Jonafree
Jonagold
Myra Fuji
Red Fuji
Red Idared
Red Jonagold
Redfree
Stark® Golden Delicious
Stark® Super Red Fuji
Stark® UltraGold™



High Vigor

Cortland
Enterprise
Granny Smith
Mutsu
Stark® Supreme Staymared™
Williams' Pride



Pay attention to mature fruit tree size.

Standard Apple	<ul style="list-style-type: none">• 30-40 feet• Seedling rootstock
Semi-standard	<ul style="list-style-type: none">• 16 feet
Semi-dwarf	<ul style="list-style-type: none">• 12 feet
Dwarf	<ul style="list-style-type: none">• 8-10 feet
Ultra dwarf	<ul style="list-style-type: none">• 3-6 feet

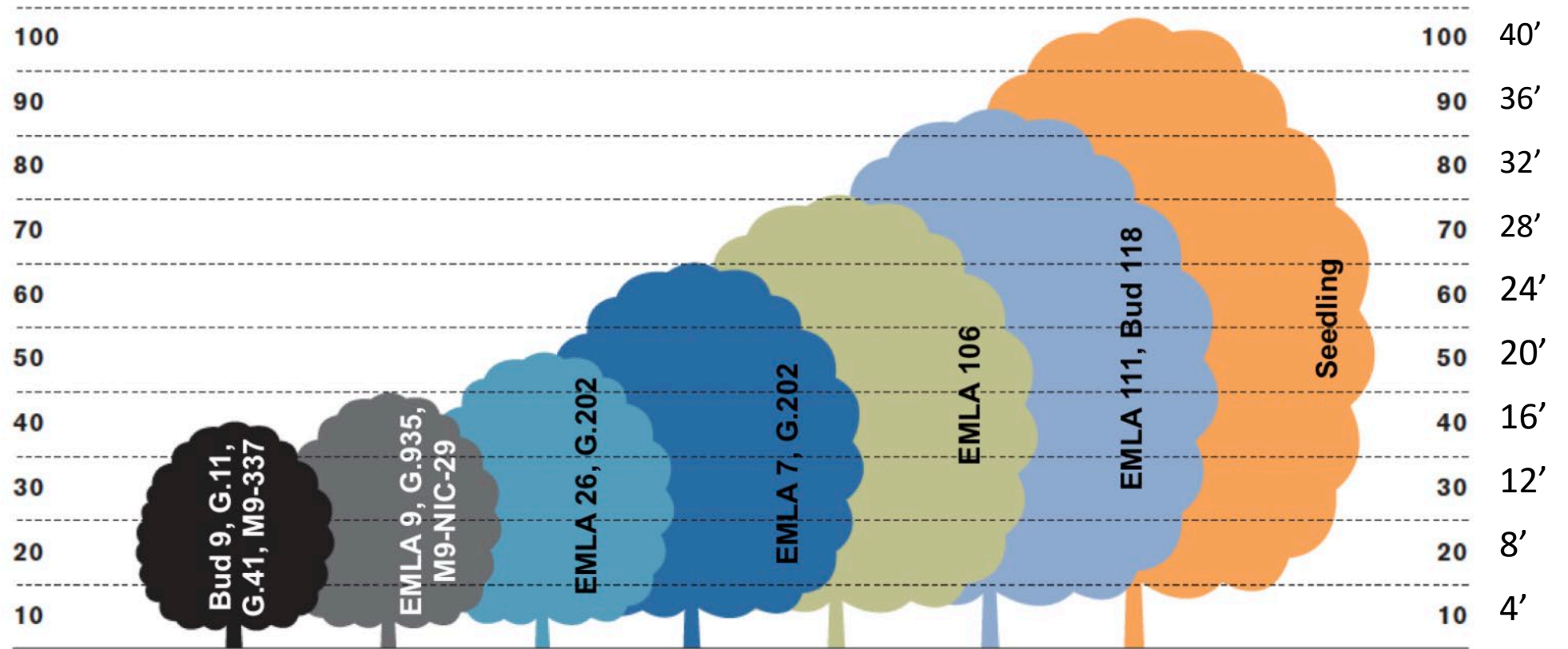
Attributes of rootstocks

- Mature tree size
- Precocious fruit bearing
- Disease resistance – fireblight, apple scab, cedar-apple rust, ect.
- Insect resistance, i.e. woolly-apple aphid
- Cold tolerance of the root system
- Vigor of the root system and the need for staking

Dwarfing Apple Rootstocks

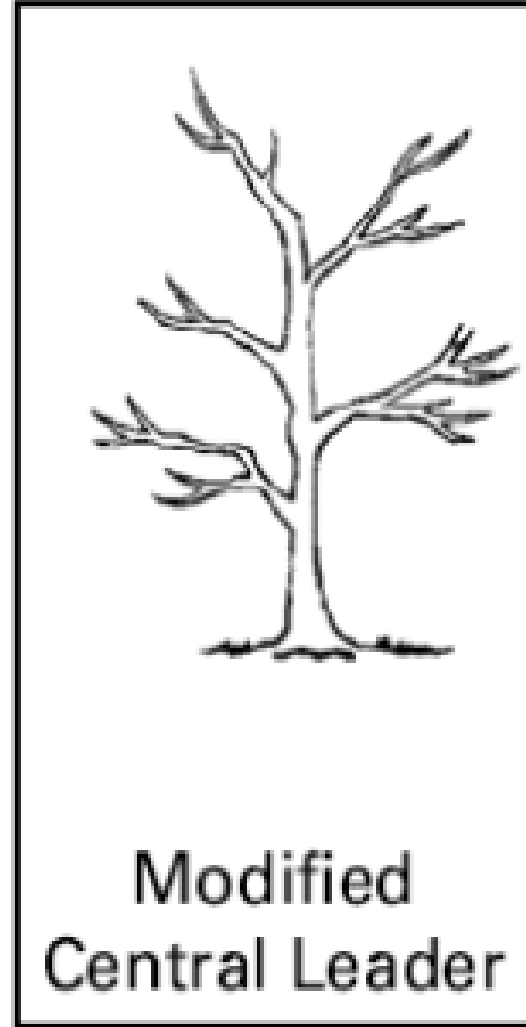
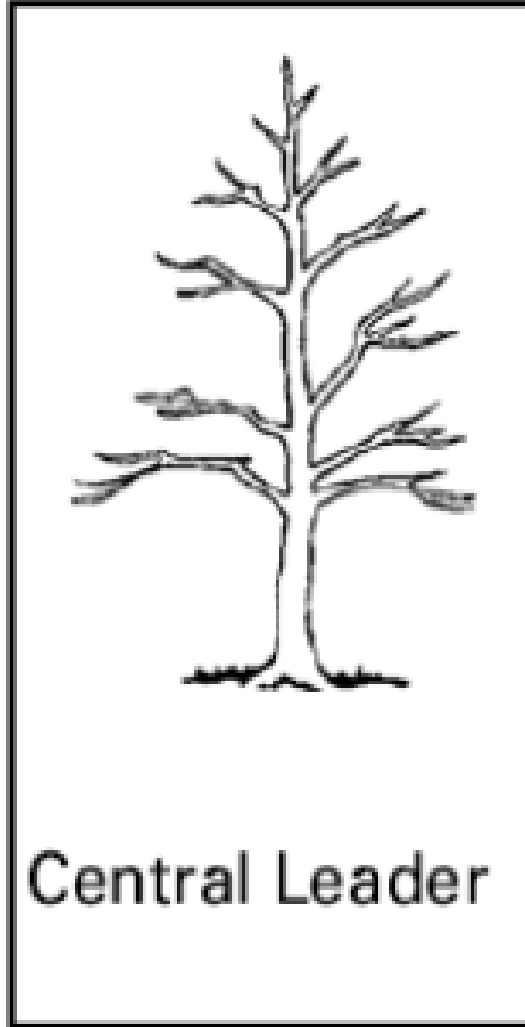
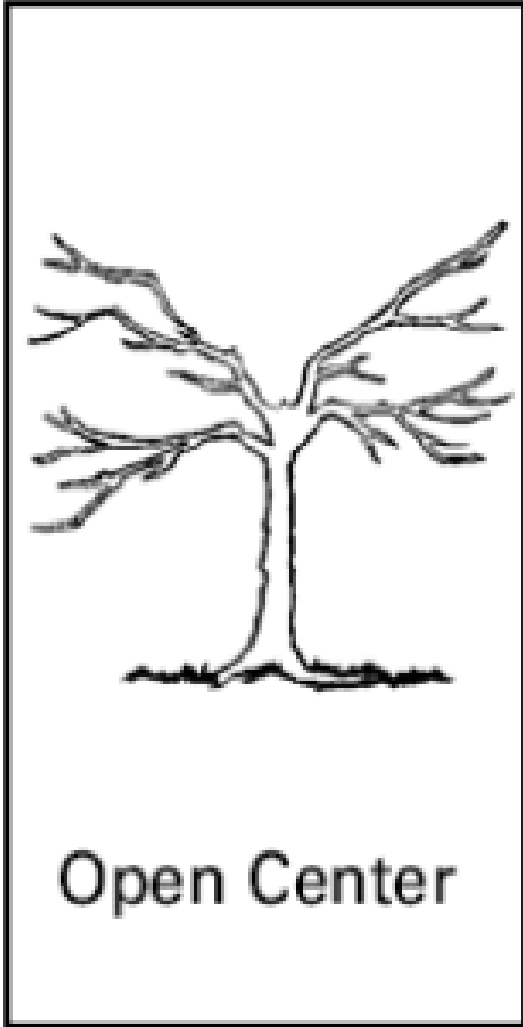
Image from
Rootstocks for
Apple,
Washington State
University.

[http://treefruit.
wsu.edu/web-
article/apple-
rootstocks/](http://treefruit.wsu.edu/web-article/apple-rootstocks/)



Tree size comparisons using different rootstocks based on percent size of standard apple seedling.

Fruit Tree Pruning Systems



Central leader

- Strongest structure
- Apples, pears

Modified central leader

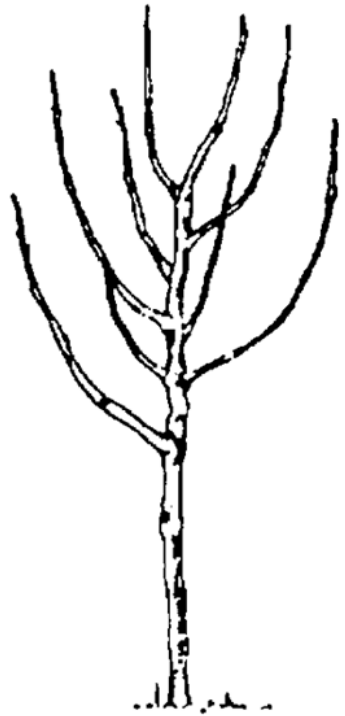
- Most versatile system
- Any fruit tree species
- Useful with fireblight susceptible cultivars

Vase/open center

- Peach, apricot, plum

Fruit Tree Pruning Systems

Central Leader Tree Training

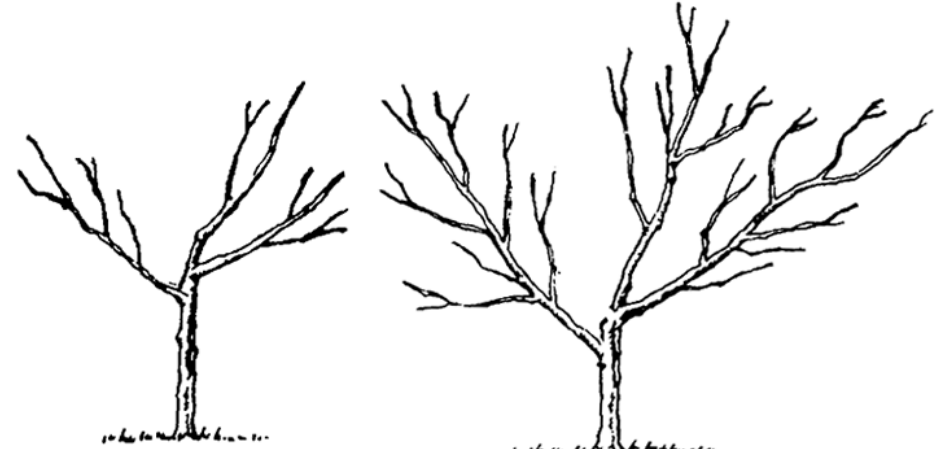


Before Pruning



After Pruning

Vase-Shape/Open Center



2nd Season

3rd Season

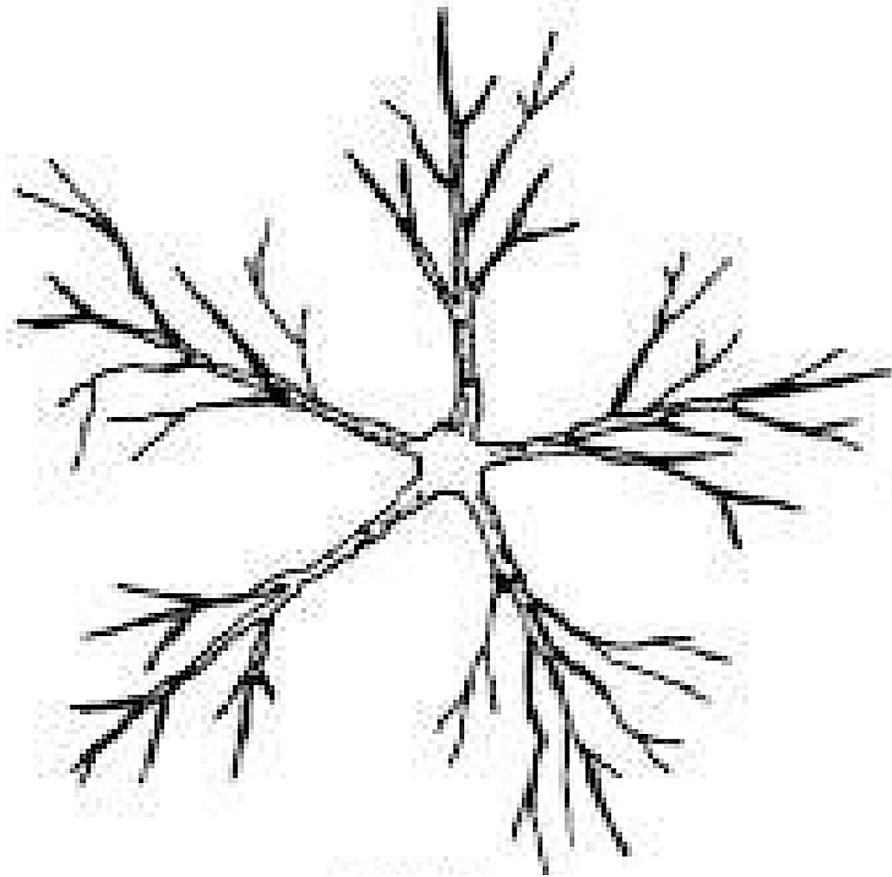


Summer Pinching

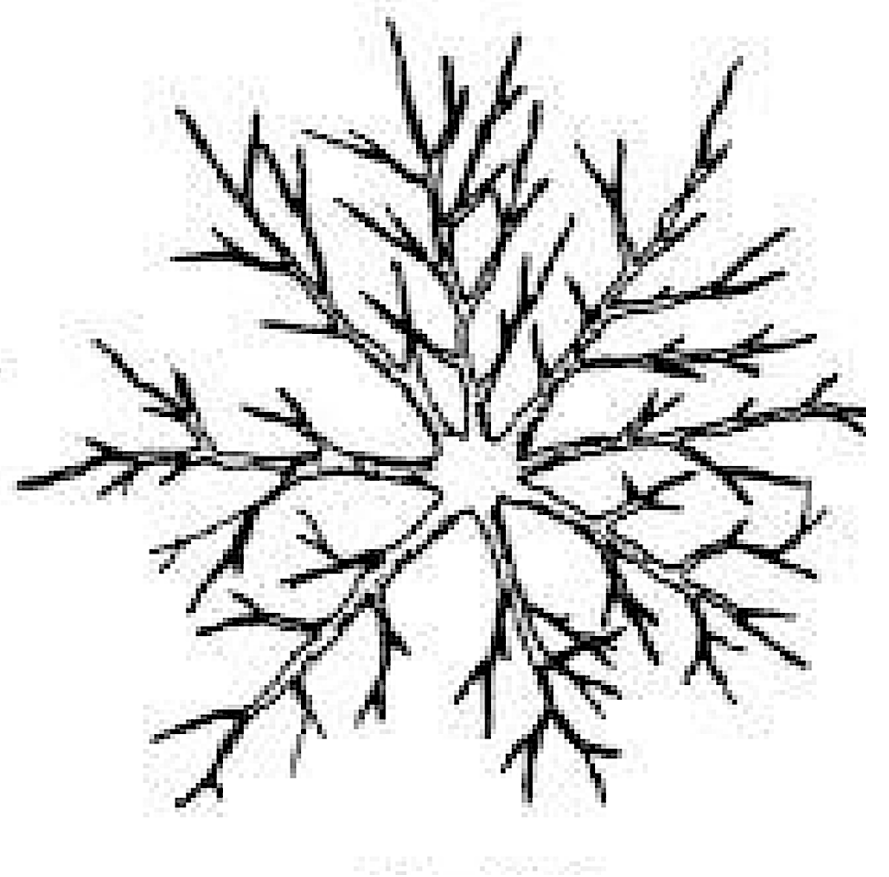
Increase Light Penetration

Branch selection

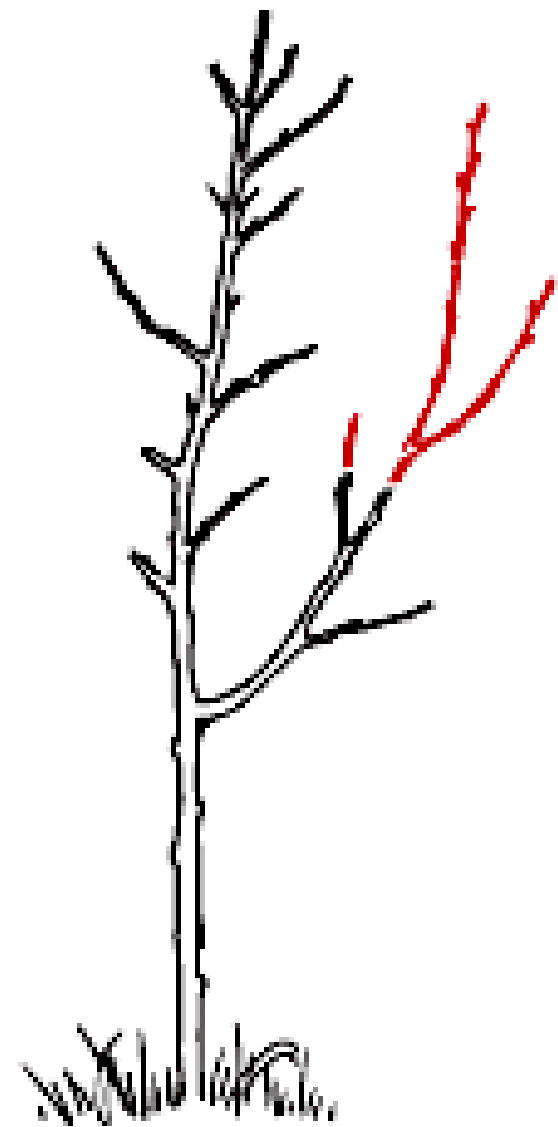
- Good angles, approx. 40-60 degrees
- Alternate up trunk
- Whorled around trunk



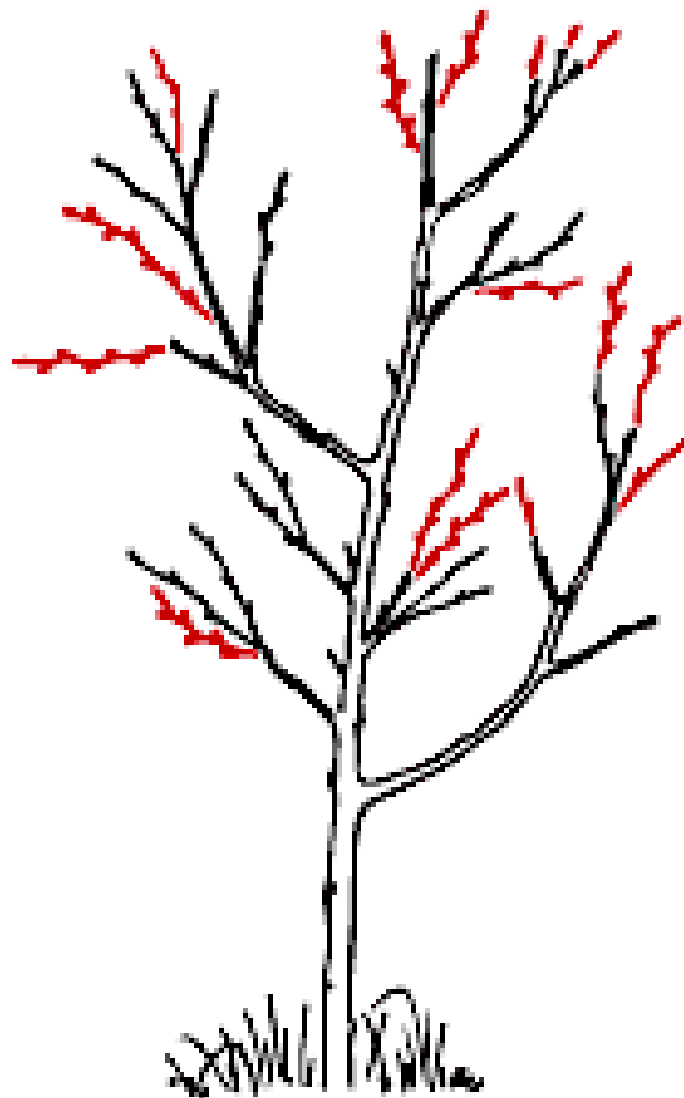
Open canopy



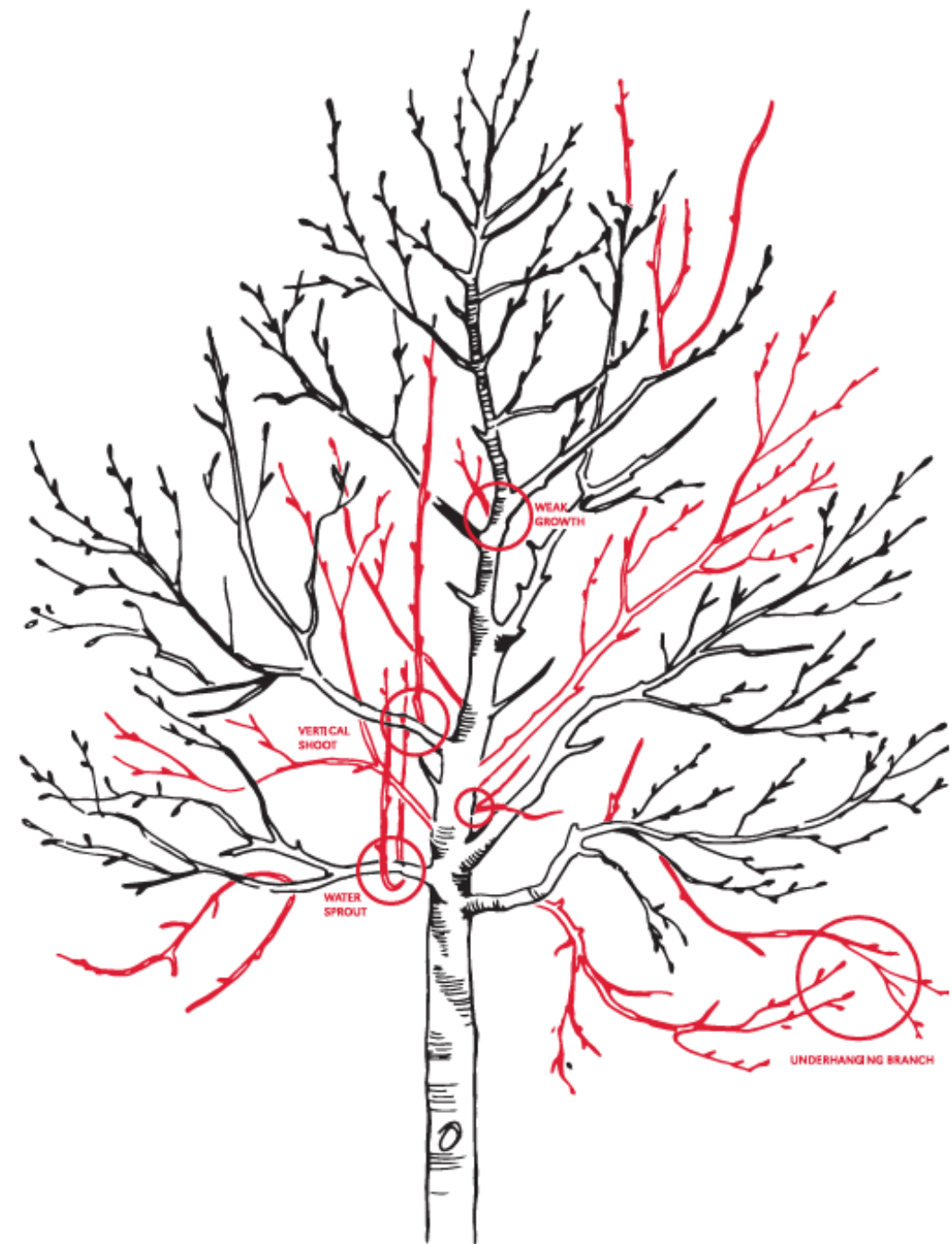
Not dense canopy



Second Year
Dormant Pruning



Third Year
Dormant Pruning



Midwest Fruit Pest Management Guide

2023-2024

Arkansas

University of Arkansas Cooperative Extension Service
AG1304

Illinois

University of Illinois Extension
ICSG-18

Indiana

Purdue Extension
ID-465

Iowa

Iowa State University Extension and Outreach
HORT 3035

Kansas

Kansas State Research and Extension
MF3278

Kentucky

University of Kentucky Cooperative Extension Service
ID-232

Ohio

Ohio State University Extension
Bulletin 506

Wisconsin

University of Wisconsin-Extension
A4104



Look for disease resistance!

Midwest Fruit Pest Management Guide

- <https://bit.ly/sprayguide24>

Fruit Spray Schedule for the Homeowner, *University of Missouri Extension*

- <https://bit.ly/Missouri-spray-schedule>

Shrub Pruning

- Remove dead, damaged or weak branches
- Remove insect or disease infested branches
- Improve air flow to reduce foliar disease
- Control plant shape and size
- Control flowering, fruiting, and colored twig development in some shrubs
- Maintain natural beauty
- Formal vs. Informal?



Why Avoid Repeated Shearing?



- Requires frequent pruning to maintain a “perfect” appearance
- Creates dense layer of outer foliage
- Blocks light penetration into center of shrub
- Limits future pruning
- Can shorten the life of the shrub

Downside of Shearing

When to Prune?

DECIDUOUS

Blooming shrubs

- After blooming

Non-blooming

- During dormancy
- Ideally late February through March

EVERGREENS

Juniper, Arborvitae, Yew

- Mid-April to mid-August

Pine

- After candles elongate, but before needles fully expand

Broadleaf Evergreens

- Mahonia, holly
- Little pruning required
- Head back after blooming

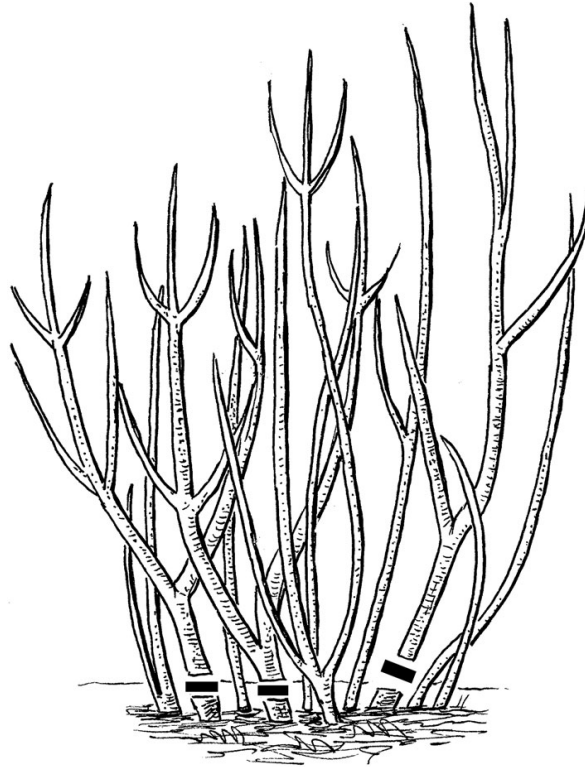


Shrub Pruning Techniques

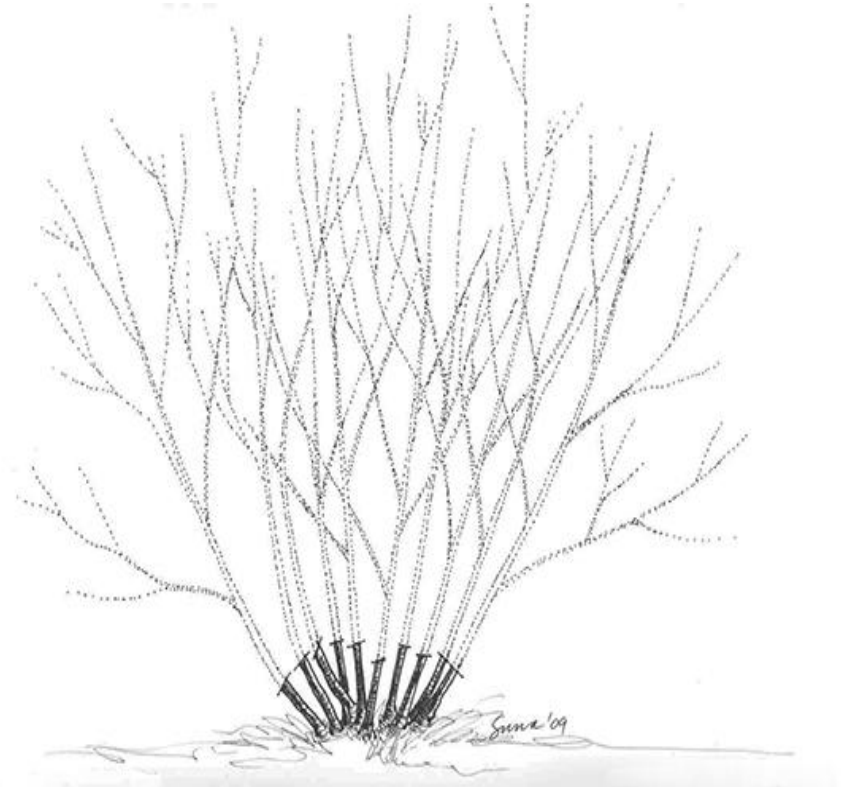
HEADING BACK



THINNING



REJUVENATION



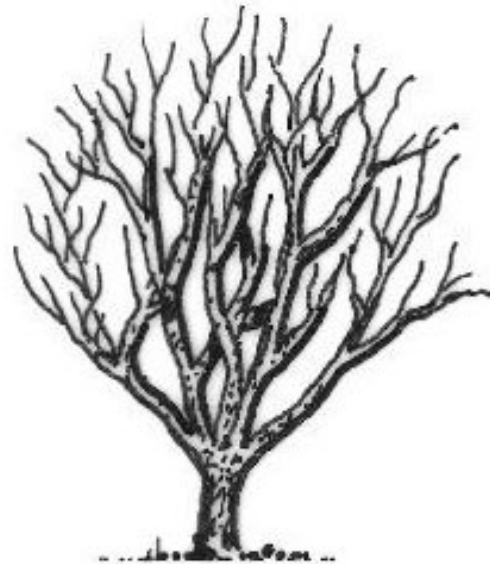
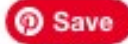
Heading Back

Selective cut back tall/long branches to redevelop a natural shape

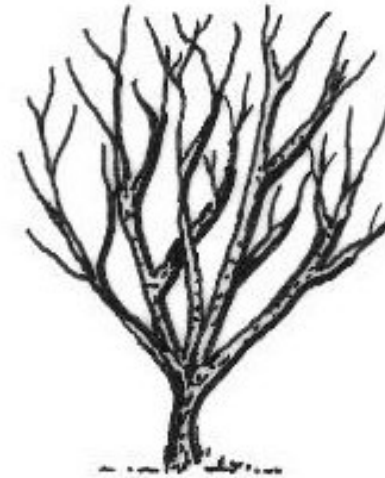
Cut back to a branch at least $\frac{1}{3}$ the diameter of the branch being removed

Benefits

- Reduces plant height and width
- Controls direction of plant growth
- Creates desired shape



Before Pruning



Correct



Incorrect

Images from "Pruning Shrubs and Hedges in the Home Garden", by Univ. of Maryland Extension.

Thinning

Annually remove 1/3 of oldest, woodiest stems at base of plant

Benefits

- Reduces height
- Improves health
- Improves flower quality
- Maintains young, productive growth of new stems from the crown



Rejuvenation - Benefits

Removes old, unproductive wood

Removes pest infested stems

Increases fruit/flower production

Returns plant to natural shape

Renovate in fall or early spring



Rejuvenation - Drawbacks

Eliminates blooming for at least one year

May leave a bare spot in the landscape for several months

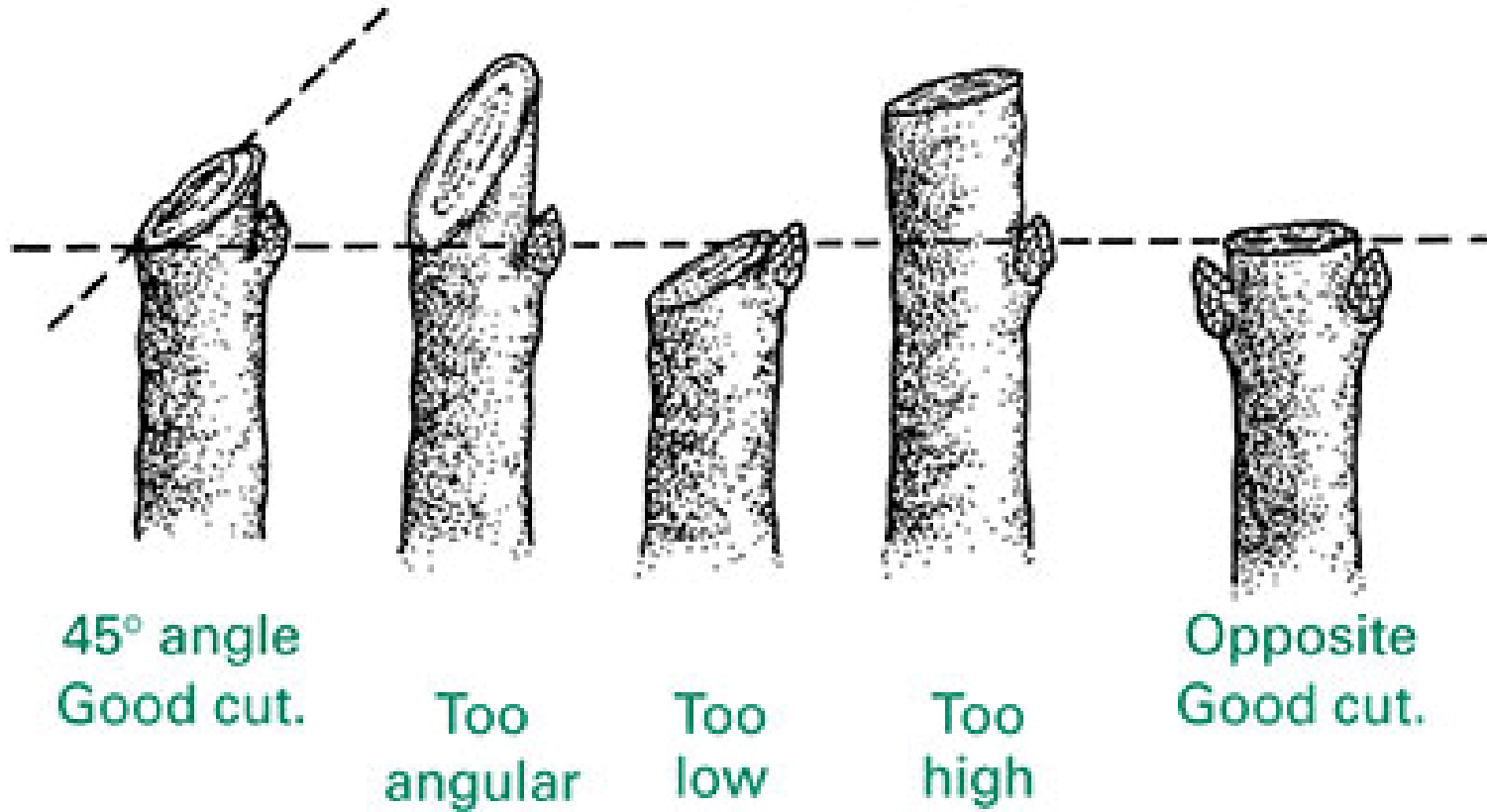
Can only be done with deciduous plants

Candidates – forsythia, honeysuckle, hydrangea, lilac, potentilla, privet, spirea

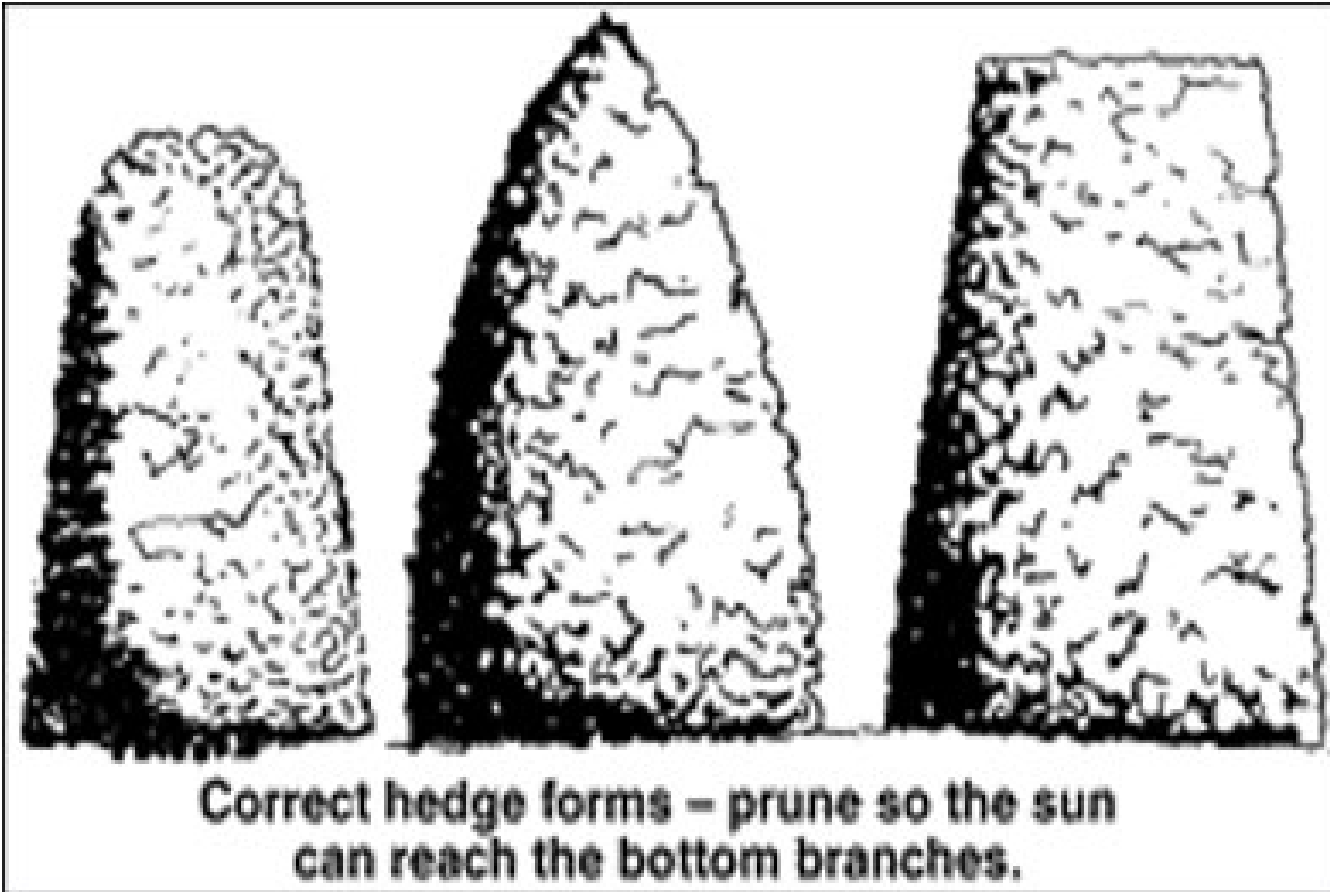


Making Cuts

Pruning cuts in relationship to stem buds



Shaping Hedges

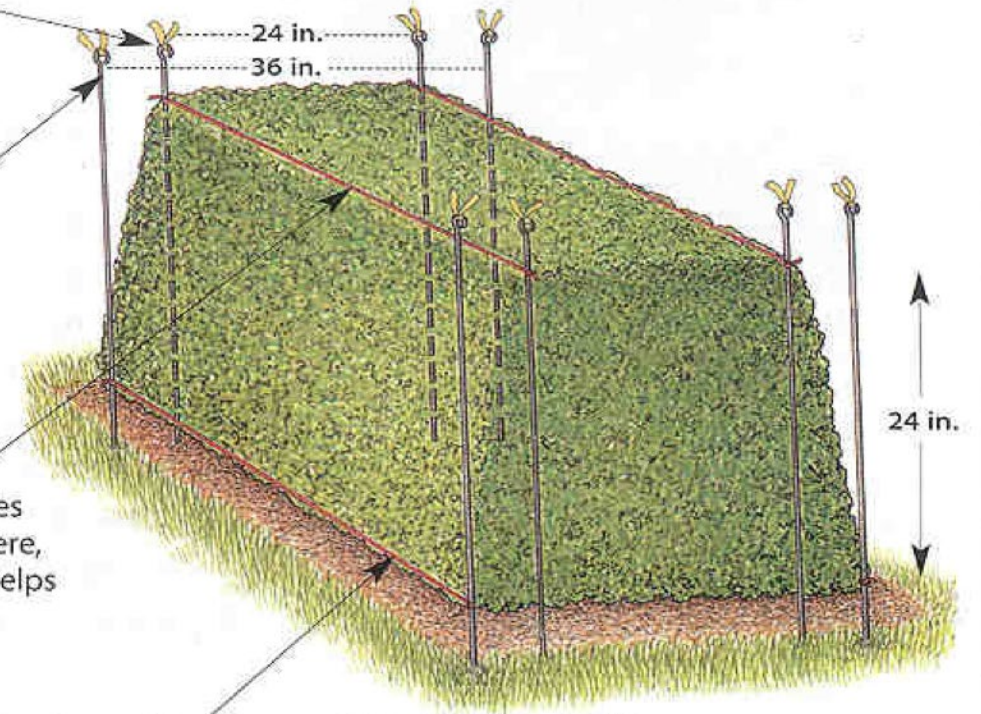


Shaping Hedges



Setting up the template

1. Place one set of stakes 24 inches apart at each end of the hedge.
2. Place another set of stakes 36 inches apart at each end of the hedge.
3. Tie two pieces of string to the inner stakes to mark the height—here, 24 inches. A line level helps to ensure an even cut.
4. Tie two more pieces of string at the bottom of the four outer stakes to complete the template, again using a level.



So, where to start?

Sharpen your pruners!

Remove completely

- Dead or broken branches
- Branches with heavy insect infestations
- Crossing or rubbing branches
- Thick, old mature branches

Head back cuts

- Long/tall branches
- Open up center for light penetration



So, where to start?

Sharpen your pruners!

Remove completely

- Dead or broken branches
- Branches with heavy insect infestations
- Crossing or rubbing branches
- Thick, old mature branches

Head back cuts

- Long/tall branches
- Open up center for light penetration



Questions?

Sarah Browning

Nebraska Extension
in Lancaster County

Email:
sarah.browning@unl.edu

Phone: 402 441-7180

